

Health Screening Packages





HEALTH SCREENING centre @ PHKL

Block A, Level 1

BEFORE THE APPOINTMENT

- Please fast for at least 8 to 10 hours prior to the appointment (consumption of plain water is allowed).
- It is advisable to refrain from smoking or consumption of alcohol at least 8 hours prior to the appointment.
- Antibiotics should not be taken for at least 8 hours prior to the appointment.
- Postpone taking any routine morning medication (except anti-hypertensive drugs) until after blood investigation, unless advised otherwise by your physician.
- Ladies who are going for mammogram are advised to avoid using deodorant or talcum powder.
- Schedule your health screening 10 days after from the 1st day of menstruation, when undergoing a pap smear.

THINGS TO BRING

- Bring along appropriate shoes and comfortable attire when undergoing a stress test (treadmill).
- Previous medical records (if any) especially X-rays, MRI or CT Scan from your last check-up for comparison.
- Glasses (spectacles) for your vision test. Contact lenses will need to be removed prior to vision test.

WHAT TO EXPECT

The duration of each health screening process, including medical examination by a physician, will take between 2 to 5 hours depending on the health screening package selected.

APPOINTMENT

For appointments, please contact the Health Screening Centre @ PHKL at least 2 working days in advance.

We are pleased to assist you in the selection of a health screening package that best suits your needs. Additional tests may be arranged upon request or upon recommendation by our doctor.

Monday to Friday
Saturday

8.00am – 4.30pm
8.00am – 12.30pm

Packages may be changed without prior notice.



EXECUTIVE HEALTH SCREENING

Consultation and Review
by Health Screening Doctor

RM 480

Essential

CLINICAL EXAMINATIONS

- Consultation by Health Screening Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)

CARDIOLOGY ASSESSMENT

- Electrocardiogram (ECG)

IMAGING EVALUATION

- Chest X-Ray

RESPIRATORY ASSESSMENT

- Lung Function Test (Spirometry)

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- STD Profile
- Tumour Marker (Alpha-Fetoprotein)

Complimentary Voucher



EXECUTIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 680

Vital

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)

CARDIOLOGY ASSESSMENT

- Electrocardiogram (ECG)

IMAGING EVALUATION

- Chest X-Ray

RESPIRATORY ASSESSMENT

- Lung Function Test (Spirometry)

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- Cardiac Marker (High Sensitivity C-Reactive Protein)
- STD Profile
- Tumour Marker (Alpha-Fetoprotein)

Complimentary Voucher



EXECUTIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 1,200

Prestige

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)

CARDIOLOGY ASSESSMENTS

- Electrocardiogram (ECG)
- Stress Test (Treadmill)

IMAGING EVALUATIONS

- Chest X-Ray
- Ultrasound of Full Abdomen

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- STD Profile
- Tumour Marker (Alpha-Fetoprotein)

Complimentary Voucher



COMPREHENSIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 1,550

Well-Woman

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)

CARDIOLOGY ASSESSMENTS

- Electrocardiogram (ECG)
- Stress Test (Treadmill)

IMAGING EVALUATIONS

- Chest X-Ray
- Mammogram (Digital) /Ultrasound Breasts
- Ultrasound of Full Abdomen

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- STD Profile
- Tumour Marker (Alpha-Fetoprotein)
- Cervical Smear (Thin Prep)

Complimentary Voucher



COMPREHENSIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 1,550

Well-Man

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)

CARDIOLOGY ASSESSMENTS

- Electrocardiogram (ECG)
- Stress Test (Treadmill)

IMAGING EVALUATIONS

- Chest X-Ray
- Ultrasound of Full Abdomen

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- Tumour Markers
 - o Carcinoembryonic Antigen (CEA) & Alpha-Fetoprotein (AFP)
 - o Prostate Specific Antigen (PSA) & CA 19.9 (Pancreatic Cancer)
- Cardiac Marker (High Sensitivity C-Reactive Protein)
- STD Profile
- Helicobacter Pylori

Complimentary Voucher



COMPREHENSIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 2,250

Platinum Woman

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)
- Body Composition Analysis by Dietitian

CARDIOLOGY ASSESSMENTS

- Electrocardiogram (ECG)
- Stress Test (Treadmill)
- Heart Ultrasound (Echocardiogram)

RESPIRATORY ASSESSMENTS

- Lung Function Test (Spirometry)

IMAGING EVALUATIONS

- Chest X-Ray
- Mammogram (Digital)/Ultrasound Breasts
- Ultrasound of Full Abdomen

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- Tumour Markers
 - o Carcinoembryonic Antigen (CEA) & Alpha-Fetoprotein (AFP)
 - o CA 19.9 (Pancreatic Cancer) ,CA 15.3 (Breast Cancer)
 - o CA 125 (Ovarian Cancer)
- Cardiac Marker (High Sensitivity C-Reactive Protein)
- STD Profile
- Helicobacter Pylori
- Cervical Smear (Thin Prep)

Complimentary Voucher



COMPREHENSIVE HEALTH SCREENING

Consultation and Review
by Specialist Doctor

RM 1,980

Platinum Man

CLINICAL EXAMINATIONS

- Consultation by Specialist Doctor
- History Taking and Physical Examinations
- Body Mass Index (BMI)
- Height & Weight
- Blood Pressure
- Colour Vision
- Visual Acuity (Snellen Chart)
- Body Composition Analysis by Dietitian

CARDIOLOGY ASSESSMENTS

- Electrocardiogram (ECG)
- Stress Test (Treadmill)
- Heart Ultrasound (Echocardiogram)

RESPIRATORY ASSESSMENTS

- Lung Function Test (Spirometry)

IMAGING EVALUATIONS

- Chest X-Ray
- Ultrasound of Full Abdomen

LABORATORY TESTS

- Anaemia & Blood Screening
- Diabetic Screen & Glycated Haemoglobin (Fasting Blood Sugar / HbA1c)
- Gout (Uric Acid)
- Hepatitis B Screening Profile
- Lipid/Coronary Risk Profile
- Liver Function Profile
- Renal Function Profile
- Thyroid Function (Thyroid Stimulating Hormone)
- Urine Analysis (Urine FEME)
- Tumour Markers
 - Carcinoembryonic Antigen (CEA) & Alpha-Fetoprotein (AFP)
 - Prostate Specific Antigen (PSA) & CA 19.9 (Pancreatic Cancer)
- Cardiac Marker (High Sensitivity C-Reactive Protein)
- STD Profile
- Helicobacter Pylori

Complimentary Voucher

Items

01. Audiogram + Audiologist Assessment
02. Blood Grouping & Rhesus Typing
03. Body Composition Analysis by Dietitian
04. Bone Densitometry (Hip & Spine)
05. Carcinoembryonic Antigen (CEA)
06. Cardiac Marker (High Sensitivity C-Reactive Protein)
07. Cervical Smear (Pap Smear) by Health Screening Doctor
08. Cervical Smear (Thin Prep) by Health Screening Doctor
09. Dental Screen by Dental Officer
10. Echocardiogram
11. Female Tumour Markers (CEA, CA 19.9, CA 15.3 & CA 125)
12. Free T3
13. Free T4
14. Full Vision Examinations by Ophthalmologist
(Glaucoma, Fundoscopy, Visual Acuity, Slit Lamp Examination)
15. Glycated Haemoglobin (HbA1c)
16. Helicobacter Pylori
17. Hepatitis A Total Antibody
18. Hepatitis C
19. HIV Screening
20. HPV - DNA Test
21. Lung Function Test (Spirometry)
22. M2-PK (Colorectal screening via stool specimen)
23. Mammogram (Digital)
24. Prostate Specific Antigen (PSA)
25. Rheumatoid Factor (RF)
26. STD Profile
27. Stress Test (Treadmill)
28. Stool Parasite
29. Stool Occult Blood
30. Tumour Marker CA 125 (Ovarian Cancer)
31. Tumour Marker CA 15.3 (Breast Cancer)
32. Tumour Marker CA 19.9 (Pancreatic Cancer)
33. Ultrasound Breasts (for female, age <40 years old)
34. Ultrasound Full Abdomen
35. Ultrasound Upper Abdomen
36. Urea Breath Test (1 blow)
37. Vitamin D Test



REMARKS

Anemia & Blood Cell Screening

- Haemoglobin (Hb)
- Packed Cells Volume (PCV)
- Platelet Count
- Total White Blood Cells (WBC)
- Total Red Blood Cells (RBC)
- Differential Count (DC)

Diabetic Screen

- Glucose

Renal Function Profile

- Sodium
- Chloride
- Creatinine
- Phosphate
- Potassium
- Urea
- Calcium

Liver Function Profile

- Total Protein
- Globulin
- Bilirubin
- Alanine Transaminase (SGPT)
- Gamma-Glutamyl Transpeptidase (GGT)
- Albumin
- Albumin/Globulin Ratio (A/G Ratio)
- Alkaline Phosphatase (ALP)
- Aspartate Transaminase (SGOT)

Lipid Screening Profile

- Cholesterol
- LDL-Cholesterol
- Triglycerides
- HDL-Cholesterol
- Cholesterol/HDL-Cholesterol
- Coronary Risk Profile

Thyroid Screen

- Thyroid Stimulating Hormone (TSH)

Hepatitis B Screening Profile

- Hepatitis B surface antigen
- Hepatitis B surface antibodies

Sexual Transmitted Disease (STD) Profile

- TPHA

Urine Analysis (Urine FEME)

- Urine protein
- Urine glucose
- Urine ketone
- Urine blood
- Urine bilirubin
- Urine leucocytes

World-class healthcare provider in Malaysia

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